

Canada Life New Employee Benefits



Exciting News - New employee benefits at Smart CT!

We are thrilled to announce five brand new employee benefits that will enhance your wellbeing and support you in various aspects of your life. Thanks to our renewed partnership with the amazing team at Canada Life, we have secured these fantastic services just for you.

Who are Canada Life?

Our trusted partner provides essential Life Assurance (Death in Service) for all Smart CT employees, ensuring peace of mind for you and your loved ones.

What are the new benefits?



WeCare - Access 24/7 online GP, mental health support and virtual wellbeing resources.



Toothfairy - The UK's first regulated smart dental app, bringing you a dentist chat helpline with advice on oral health.



myStrength - A comprehensive mental wellbeing app to help you manage life's stresses and challenges.



Bereavement Counselling - A dedicated helpline offering compassionate support during difficult times.



Probate Helpline - Professional advice from probate experts to guide you through legal processes.

All services are confidential and no information is shared with Smart CT.

How do I get started?

Dive into the details below and discover how to start benefitting from these incredible new services today. We believe these additions will make a positive impact on your life, both at work and beyond.

Employee benefits
in partnership with





What is WeCare?

A 24/7 online GP, mental health and wellbeing support app. See employee [guide](#) for further information.

What's included?

24/7 GP consultation, second medical opinion, smoking cessation, mental health support, burnout prevention, life events counselling, get fit programme, diet support, financial guidance and legal guidance.

How do I access it?

01 Download the **WeCare Programme app** or head to [wecare-cl.com](https://www.wecare-cl.com). The app is available via the [App Store](#) or [Google Play](#).

02 Create a profile and enter the company access code: *********

03 Complete a quick online ID check to access the services

04 You can also call **0800 917 9330** to access the WeCare services by phone (Monday - Friday 9am to 5pm)

Is there any cost to the services?

All services are free to use, but there is a cost for any private prescriptions ordered through the 24/7 GP consultation.



What is Toothfairy?



What is Toothfairy?

Founded by dentists and partnering with real dentists in the UK, Toothfairy provides instant access to advice, guidance and prescriptions from the comfort of your home.

What's included?

Unlimited access to a dentist chat helpline. If the dentist thinks physical intervention is required, they will identify an issue and signpost further help. Educational videos and articles also available.

How do I access it?

01 Download the Toothfairy app from the [App Store](#) or [Google Play](#)

02 Complete your profile and enter the requested information

03 In 'My Profile' click on codes and enter *****

How is Toothfairy regulated?

By the Care Quality Commission allowing remote diagnosis, triage and prescriptions. All dentists are trained in remote assessment and consulting as well as UK registered and indemnified.

Is there any cost?

No additional cost to employees.



What is myStrength?



What is myStrength?

Personalised mental wellbeing support designed to overcome life's challenges.

What's included?

Hundreds of evidence-based activities, articles and videos covering a broad range of wellbeing issues such as mood, stress, sleep, parenting and much more.

How do I access it?

01 Download the **Teladoc myStrength app** from the [App Store](#) or [Google Play](#). Or visit <http://www.mystrength.org.uk>

02 Create a new account and enter the company code: *********

03 Complete a short health questionnaire to personalise your experience and determine your focus areas

How is myStrength regulated?

Immediate family inclusive of spouse, civil partner, partner, parent, brother or sister living in the same household as you, any legal dependent under the age of 21 in full time employment or any other legal dependent who is dependent on you owing to disability.

Is there any cost?

All services are free to use.

NB: Users must be aged 16 or over to access myStrength.



What is Bereavement Counselling?



What is Bereavement Counselling?

Access to a dedicated bereavement counselling helpline.

What's included?

Up to four structure telephone counselling sessions (per issue, per year), confidential support and advice from HCPC registered Psychologists and practical advice on areas including self-help, relevant charities and other support groups.

How do I access it?



Call **0800 912 0826** for immediate support

Who can use this service?

All employees and their immediate family who live in the same household. Adults receive, based on clinical assessment, up to 4 structure telephone sessions. Children under the age of 18 are eligible for a 90 minute session.

Immediate family inclusive of spouse, civil partner, partner, parent, brother or sister living in the same household as you, any legal dependent under the age of 21 in full time employment or any other legal dependent who is dependent on you owing to disability.

Is there any cost?

All services are free to use.



What is probate helpline?



What is Probate Helpline?

Access to probate experts over the phone, providing guidance on financial and legal matters linked to the bereavement.

What's included?

Advice on contents of a will, administration of estate, finding missing beneficiaries, applications for Grants of Representation, Deeds of renunciation and applying for probate.

How do I access it?



Call **0808 164 3079** Monday to Friday 8am-8pm

Who can use this service?

All employees and their immediate family who live in the same household. Immediate family inclusive of spouse, civil partner, partner, parent, brother or sister living in the same household as you, any legal dependent under the age of 21 in full time employment or any other legal dependent who is dependent on you owing to disability.

Is there any cost?

No additional cost to employees and no limit to the number of times this service can be used.

Need help?

Just ask! Email hr@smartct.com or access further guides located [here](#).

